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ENGLISH KARA

FEDERATION



£1,400 Sunday 9th October 2016

University of Worcester Arena Hylton Road Worcester WR2 5.IN

> FOR ENTRY FORM THE SECRETARY, CENTRAL ENGLAND KARATE, 33 BURNHAM AVENUE, OXLEY, WOLVERHAMPTON. WV10 6DX. TEL/ MOBILE 07958 494602 / 01902 425333 EMAIL: -cewkakarate@gmail.com

(BEST QUALITY MEDALS & PRIZE MONEY WILL BE AWARDED) Please note that this competition is open to members of the English Karate Federation or members of other WKF affiliated national governing bodies and competitors not in contravention of WKF statute 21.9 only. Licence checks will be carried out on the day and competitors are reminded that a valid licence must be presented upon request of the organising body or its representative, failure to do so may result in entry being denied.





CENTRAL ENGLAND 4th INTERNATIONAL OPEN

WHERE: - University of Worcester Arena Hylton Road Worcester WR2 5JN



WHEN: - SUNDAY 9th OCTOBER 2015 REGISTRATION 8.30AM TOURNAMENT COMMENCES 9.30AM.

New Information. :-Kumite & Kata competitors 14yrs and above may register at 12.00 to 1.00pm Noon

RULES: -

All competitors taking part in this tournament must have a valid up to date licence and insurance cover, and must be available for inspection on the day if required. It is the responsibility of the competitor and their coach to make sure the above are in order.

The organisers and referees cannot be responsible for any injury however caused.

- Yuko, Waza-Ari, Ippon scores will apply in the kumite Events
- Junior kumite events will be 1.5 mins seniors 2 mins, finals 2 and 3 mins.
- Kata section will be by way of knock out.
- Red and Blue Flags will be used.
- All KUMITE COMPETITOR WILL BE REQUIRED TO WEAR RED OR BLUE WKF SHIN/FOOT GUARD. (Regardless of age)
- Only white karate gi will be allowed
- Competitors must have up to date licence / insurance

PLEASE ENSURE YOU ENTER THE CORRECT CATEGORY, PLEASE CHECK WEIGHT OF YOUR COMPETITORS.

FOR SAFETY REASON ONLY CLUB COACH WILL BE ALLOWED AROUND THE AREAS, UNDER NO CIRCUMSTANCES WILL PARENTS BE ALLOWED AROUND THE AREA, COULD ALL COACHES/ INSTRUCTORS PLEASE ENSURE YOU BRIEF THIS TO YOUR DELIGATION.

COST: -

Individual events Kata / Kumite £15.00 per event

Pairs Kata £16.00

Team events £25.00

LATE ENTRIES OR ENTRIES ON THE DAY £20 for individual

EVENT WITH PRIZE FUND

16YEARS PLUS KATA & 18 YEARS PLUS KUMITE ENTRY FEE $\pounds 20.00$

ADULT TEAM KATA/KUMITE ENTRY FEE £30.00

LATE ENTRIES OR ENTRIES ON THE DAY £25 (event with Prize Fund)

Entries to arrive by Friday 7th OCTOBER 2016 No cheques will be accepted on the day No concessions Cheques payable to:- <u>CEWKA</u> BACS Payment Sort code 30-99-83 Ac number 35982860

Spectators adults £10.00 Children 15yrs and under £5.00, 5yrs and under free SEND ENTRIES TO: -The secretary Central England karate, 33 Burnham Ave, Oxley, Wolverhampton, WV10 6DX Tel/fax 01902 425333 mobile 07958 494602 Email cewkakarate@gmail.com

CATEGORIES			
CATEGORIES:- KATA			
1.BOYS KATA 8YRS & UNDER / (min 2 Katas)	31. GIRLS 14 TO 15YRS MINUS 54 KILOS		
2.GIRLS KATA 8YRS & UNDER/ (min 2 Katas)	32. GIRLS 14 TO 15YRS PLUS 54 KILOS		
3.BOYS KATA 9 TO 11YRS (Min 2 Katas)	33. MALE 14 TO 15 YRS MINUS 57 KILOS		
4.GIRLS KATA 9 TO 11YRS (min 2 Katas)	34. MALE 14 TO 15YRS MINUS 63 KILOS		
5. BOYS KATA 12 TO 13YRS (Min 2 Katas)	35. MALE 14 TO 15 YRS PLUS 63 KILOS		
6GIRLS KATA 12 TO 13YRS (min 2 Katas)	36.FEMALE 16 TO 17 YRS MINUS 59 KILOS		
7.CADET MALE KATA 14 TO 15YRS (min 3 Katas)	37. FEMALE 16 TO 17 YRS PLUS 59 KILOS		
8.CADET FEMALE KATA 14 TO 15YRS (min 3 Katas)	38.MALE 16 TO 17 YRS MINUS 61KILOS		
9.ADULT KATA 16YRS PLUS MALE (PRIZE £100) WINNER (No Repeat)	39.MALE 16 TO 17 YRS MINUS 72 KILOS		
10.ADULT KATA 16YRS PLUS FEMALE (PRIZE £100)	 40. MALE 16 TO 17 YRS PLUS 72 KILOS 41. FEMALE 18YRS & ABOVE MINUS 61 KILOS (PRIZE £100)WINNER 42. FEMALE 18YRS & ABOVE PLUS 61KILOS (PRIZE £100)WINNER 43. MALE 18YRS & ABOVE MINUS 68 Kilos (PRIZE £100)WINNER 44. MALE 18YRS & ABOVE MINUS 75 Kilos (PRIZE £100)WINNER 45. MALE 18 YRS & ABOVE PLUS 75 Kilos (PRIZE £100)WINNER 		
WINNER (No Repeat)			
11.TEAM KATA 9YRS & UNDER MALE or FEMALE (may repeat)			
12.TEAM KATA 10 TO 15YRS, MALE or FEMALE (min 2 Katas)			
13.TEAM KATA ADULTS MALE OR FEMALE, (no repeat) (PRIZE £150 WINNER)(minimum 8 teams required to pay)			
14. PAIRS KATA 9yrs & Under (may repeat)			
15. PAIRS KATA 10 to 15yrs (may repeat)			
16. PAIRS KATA 16yrs & above (no repeat)	OPEN WEIGHT KUMITE		
Please note if you are competing in the 10 to 15 years kata you Will need to arrive in the morning. <u>INDIVIDUAL KUMITE</u>	46. GIRLS 14 TO 15 YEARS OLD		
17. PEEWEE GIRLS 7YRS & UNDER	47. MALE 14 TO 15 YEARS OLD 48. FEMALE 16 TO 17 YEARS		
18. PEEWEE BOYS 7YRS & UNDER			
19. GIRLS UNDER 9YRS & UNDER 4'3'' (1.295mtr)	49. MALE 16 TO 17 YEARS		
20. BOYS UNDER 9YRS & UNDER 4'3'' (1.295mtr)	50. FEMALE 18 YEARS & ABOVE (PRIZE £150 WINNER)		
21. GIRLS UNDER 9YRS & OVER 4'3'' (1.295mtr)	51. MALE 18YEARS & ABOVE (PRIZE £150 WINNER		
22. BOYS UNDER 9YRS & OVER 4'3'' (1.295mtr)	TEAM KUMITE		
23. GIRLS 10 TO 11YRS MINUS 37 KILOS	52. 9YRS & UNDER 2 MALE 1 FEMALE		
24. GIRLS 10 TO 11YRS PLUS 37 KILOS	 53. 10YRS to 12yrs 2 MALE 1 FEMALE 54. 13YRS to 15yrs 2 MALE 1 FEMALE 55. 16YRS to 17yrs 2 MALE 1 FEMALE 56. SENIOR TEAMS OVER 18YRS 2 MALE 1 FEMALE. (PRIZE £150 WINNER) Minimum 8 teams required. 		
25. BOYS 10 TO 11YRS MINUS 37 KILOS			
26. BOYS 10 TO 11YRS PLUS 37 KILOS			
27. GIRLS 12 TO 13YRS MINUS 45 KILOS			
28. GIRLS 12 TO 13YRS PLUS 45 KILOS			
29. BOYS 12 TO 13YRS MINUS 45 KILOS			
30. BOYS 12 TO 13YRS PLUS 45 KILOS			

ADIDAS CENTRAL ENGLAND INTERNATIONAL OPEN ENTRY FORM

CLUB DETAILS! CONTACT NAMEADDRESS POST CODE TELemail CLUB NAMEASSOCIATION TOTAL ENTRY COST £ Entries and payment must arrive by Friday 7 th OCTOBER 2016 or will be classed as late (YOU MAY PHOTO COPY FOR ADDITIONAL SHEETS) INDIVIDUAL KATA / KUMITE				
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IF YOUR CLUB HAS REFEREE AND JUDGES AND WISHES TO OFFICIATE PLEASE ENTER YOUR NAME BELOW ALL QUALIFIED REFEREE'S AND JUDGES USED ARE PAID TOP RATE.

JUDGE/ REFEREE/	NAME
TABLE OFFICIAL	



HOTELS **Travelodge Worcester Hotel** Cathedral Plaza 3 High Street Worcester WR1 2QS United Kingdom **Tel:** +44 (0) 871 984 6277 **Fax:** +44 1905 22584



Premier inn Worcester City Centre Hotel County Ground, New Road, Worcester WR2 4RL T:+44 (0) 871 527 9456*<u>More info</u> F: 0871 527 9457

*Calls cost 10p per minute + network extras

Ideally located in Worcester city centre, just half a mile from the main train station, our Worcester hotel features our new generation bedrooms, each with an impressive 40" flat screen TV, freshly-updated bathroom with large shower head, and brand new, slumber-inducing, king-size Hypnos bed.

Situated by Worcestershire County Cricket Club, the hotel is within walking distance of Worcester Cathedral and Worcester Racecourse. Immerse yourself in the rich history of the city on one of the area's celebrated historical walking tours. And after a busy day out you're guaranteed a great night's sleep back at the hotel, where you can enjoy a

relaxed evening meal at our Thyme restaurant, serving a mix of traditional and contemporary



Fownes Hotel

City Walls Rd, Worcester, WR1 2AP, United Kingdom

Worcester For more information please call us on

+44 (0)1905 613151 or make a room booking online. - See more at: http://www.fowneshotelworcester.co.uk

Formerly a Victorian glove factory, the hotel is situated by Birmingham canal.

Offering comfortable en suite rooms, The Fownes Hotel is only a 2-minute walk from Worcester city centre. Formerly a Victorian glove factory, the hotel is situated by Birmingham canal.

Most of the spacious rooms have showers and baths and all come with a TV and DVD player. The stylish rooms also feature tea and coffee-making facilities and a hairdryer. King's Restaurant offers a wide selection of dishes prepared by a creative and skilled team of chefs. Using the finest fresh ingredients, there is a strong focus on seasonal local produce. Worcester Cathedral is just a 5-minute walk away, while Worcester Race Course and cricket

ground are also within easy reach. Cheltenham Race Course is a 25-minute drive from the building.



The Worcester Whitehouse Hotel

Foregate Street, Worcester, WR1 1EA, United Kingdom – Worcester Whitehouse Hotel +44 (0) 1905 24308

The Whitehouse Hotel has easy access to rail and road links, offering 4-star facilities offering comfortable surroundings, exceptional food, and attentive service.

The Worcester Whitehouse Hotel has 84 superbly furnished rooms, boasting power showers and cotton duvets. Full health club facilities include an indoor pool, spa bath, sauna and fully equipped gym.

Full conference and banqueting facilities are also available for up to 150 guests.

Travel to Worcester

Worcestershire's location in the heart of England makes it supremely accessible and closer than you think. If you are flying into the area, then Birmingham International Airport is approximately 40 minutes away, Manchester is 2h, Heathrow is 2h 10 and Gatwick is 2h 50 away.

From Birmingham International Airport:

Birmingham International airport is approximately 1.5 hours by train to Worcester. The easiest and cheapest route to take is a direct train from the airport to Birmingham New Street. From here there is a regular service to Hereford, which calls at Worcester stations. The train will usually depart from platform 12 at Birmingham New Street, and takes around 50 minutes to get to Worcester stations. The closest train station to the university is Worcester Foregate Street. From here a taxi can take you to the University of Worcester Arena. University of Worcester Arena, Hylton Road, Worcester WR2 5JN The taxi ride should take you approximately 10 minutes and it should cost around £7-£9 pounds. If arriving by train and you have the time, the walk from Worcester Foregate Street station to the arena takes approximately 25 to 30 minutes.